



Weekday and Weekend Activities Programme

Autumn Term 2007

Loretto Activities

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Introduction

The extra-curricular programme at Loretto is a central part of our education and it is important that all pupils develop their skills and talents in a range of areas outwith the academic classroom. Our programme is designed to offer an extensive range of activities within the week and also at weekends.

Weekly Activities

Our evening programme offers an exciting range of opportunities for pupils to explore activities which are new to them or continue to progress in pursuits with which they already are familiar. The aim should be for them to have fun and meet challenges.

Second and Third form pupils are required to select activities in advance of term and the activities in bold type on the chart are specifically for 2F and 3F, with those on Monday being compulsory. The rest of the week is non-compulsory but we would expect boys and girls to want to participate as much as possible in the full activities programme and they should do so if they are in school.

Booking and registration for Fourth Form to Sixth Form will take place at the first activities session, as usual.

The full evening programme will begin on Monday, September 10th. Some activities do incur an extra charge which will be added to the School bill - these activities are marked with an asterisk.

Weekend Activities

Weekends are an essential part of the Loretto programme. Games and matches occupy Saturday afternoons, but Saturday evenings and Sundays are important too and the weekend activity programme detailed in this booklet outlines the proposed programme for the Autumn Term. Free time is important to pupils whether they want to catch up on work, get ahead or just relax. The weekend programme is essentially voluntary but a little encouragement to participate is no bad thing!

The excursions out of School are primarily for boarders but day pupils will be welcome to join in if numbers permit and on-site activities are for all. Mrs Barbour (Assistant Head – Extra-curricular activities) should be contacted to register interest or if there are any queries. During the

course of the year, and in part during each term too, we hope to broaden pupils' experience with a variety of cultural, social, physical and recreational activities.

Other Weekend Commitments

Girls and boys are reminded that they are free to join a weekend activity only if they have no other school commitments such as rehearsals or matches.

House Activities

Friendships in Houses and shared activities - these are especially important. House staff, therefore organise their own outings and activities, publishing these separately.

Parental Confirmation

Parental confirmation is required for all excursions out of School: this can be done on-line via the School's web site, or by the booking form enclosed (Boarders only). The cost of the trip will be charged on the end of term bill. Once a trip is booked, if the pupil does not attend, the full amount may be charged. Booking forms for day children are available from Mrs Barbour.

While we have enclosed the proposed full term programme, we would ask you to sign up initially for only the first half of term. A mailing during the early weeks of term will invite you to confirm bookings in the second half of term.

On-site Activities

On-site activities currently involve

Sundays 11.45-12.50am Football tuition, £7.00 approx per session.

Costs

Inevitably with some of these activities extra costs are incurred, but we are aware that you will expect good value for these outings. The costs listed below include all that is essential: the event itself, transport and appropriate food.

Activity	Cost per visit
Cinema trip	£12
Theatre trip	£25
Paintball	£35
Laser Quest	£15
Megabowl	£12
Scottish Archery Centre	£14
Ratho, Climbing Centre	£25
Retail Outings:	
Ocean Terminal	£5
Xmas Shopping (Princes Street)	£5
In-house socials	A possible nominal charge for food.

Contact details

If you have any questions about the activities programme please contact:

Dorothy Barbour, Assistant Head – Extra-curricular Activities

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0131 653 4439

Weekday Activities

Monday

4.00 pm – 5.00 pm

Netball (2F G)

Lacrosse (3F G)

Hockey (2FB, 3FB)

Cricket (2FB, 3FB)

Country Dancing (3F)

CCF (4F)

Clay Pigeon Shooting

Navy CCF (3.40 -8.40 pm)

Art Activity

Fitness Centre

Golf

Cross Country (5F, 6F)

Careers

Swimming

History/Phil Society

Study Skills

Chemistry Workshop

5.00 pm – 6.00 pm

Study Skills

CCF (4F)

Navy CCF (3.40 -8.40 pm)

Art Activity (until 5.30 pm)

Fitness Centre

Girls' Hockey Fitness

History/Phil Society

Ballet

Golf (6th Intermediate)

School Magazine

Hockey (Boys 1st XI)

Clay Pigeon Shooting

Music Practice (5F)

Lunch/Evening

Maths Workshop

6.30 – 7.30 pm

Jazz Dancing

7.30 – 8.30 pm

Cricket 6F

8.15pm-9.15pm

Highland Dancing

Tuesday

4.00 pm – 5.00 pm

Music Practice Session 1 (4F)

Pipe Band (4.30 pm)

Study Skills

5.00 pm – 6.00 pm

Music Practice (2F)

Fives

Dance

Animal Club

Drama (3F)

Chess

Pipe Band

Lunch/Evening

Maths Workshop

6.30 – 7.30 pm

Choir (Chapel)

7.30 – 10.00 pm

Skiing

8.30 – 9.30 pm

Lacrosse 6F

Wednesday

4.00 pm – 5.00 pm

Karate

Music Technology

Warhammer

Golf (Beginners)

Swimming

Cross Country (2F,3F,4F)

Newspaper Club

Squash

Chess

5.00 pm – 6.00 pm

Karate

Young Enterprise

Swimming

Music Practice Session 2 (4F)

Fitness Centre

Golf (Intermediate)

Lunch/Evening

Maths Workshop

Until 8.30 pm

Art Activity

Weekday Activities

Wednesday (contd)

4.00 pm – 5.00 pm

Biology Film Club
Junior Pipers and Chanters Group
Music Practice Session 2 (5F)
Fitness Centre
D of E (4.00 – 5.30 pm)
Golf (Intermediate)
Art Activity
.22 6F Shooting

5.00 pm – 6.00 pm

Art Activity (until 8.30 pm)
.22 6F Shooting

Lunch/Evening

Communion (6.15 pm)
Junior Debating (4F)

8.45 – 10.15 pm

Football

Thursday

4.00 pm – 5.00 pm

Art Activity
Pipe Band

4.30 – 6.00 pm

Study Skills
Chemistry Workshop

5.00 pm – 6.00 pm

Think/Write
Art Activity
Drama (2F)
Junior Young Enterprise
Music Practice Session 1
(3F)

4.30 – 6.30 pm

Pipe Band

Long Break

Lunch/Evening

10.45 am Junior Choir

Lunchtime
Maths Workshop
Until 8.30 pm

Art Activity

6.30 – 7.30 pm

Concert Band

6.30 – 8.30 pm

Tennis (Sports Hall)

7.30 – 8.30 pm

Cricket (6F)

9.00 – 10.00 pm

Evening Reflections

Friday

3.45 pm – 4.15 pm

Choir Practice

4.15 pm – 5.00 pm

Evening Service

5.10 pm – 6.00 pm

Lacrosse (4F)
Cricket (4F)
Golf (Intermediate)
Careers
Fives

Lunch/Evening

Lunchtime
Maths Workshop

6.30 – 7.15 pm

Senior Debating (5F, 6F)

6.30 – 8.30 pm

Tennis (Sports Hall)

Weekend Activities

	Saturday	Sunday
September 8 th /9 th	Junior BBQ and games	11.40am 2F Team Challenge Day (ends 4.30pm) 11.45am 3F Outward Bound Adventure Day (ends 4.45pm)
15 th /16 th	7.30pm Seton Social (3F & 4F) 7.30pm Holm Social (5F)	11.45am Football 1.00pm Beach Ride
22 nd /23 rd 29 th /30 th	6.00pm Cinema Visit	Overnight Leave Loretto Prep School 7s 10.00am-2.00pm Art Department Open
October 6 th /7 th	Quiz and pizza night (3F) 7.30pm Reels Party (4F & 5F)	11.45am Football 1.30pm Lazer Quest Visit
13 th /14 th 21 st /22 nd 27 th /28 th	6.45pm <i>Blood Brothers</i> Theatre Trip (Edinburgh Festival Theatre)	Half Term Half Term 11.45am Football Ocean Terminal, Retail/ Cinema Outing
November 3 rd /4 th	7.30pm Seton Social (5F) 7.30pm Holm Social (3F& 4F)	11.45am Football League: Hibernian v Hearts 10.00am-2.00pm Art Department Open 1.15pm- 4.45pm. Ratho, International Climbing Centre Play rehearsal
10 th /11 th	7.30pm CTH Social (3F-5F)	11.45am Football 1.30pm Scottish Archery Centre
17 th /18 th 24 th /25 th	House Evening	Overnight Leave 11.45am Football 10.00am-2.00pm Art Department Open
December 1 st /2 nd	6.00 pm Cinema Outing 7.00pm U6 St Andrew's Night Dinner 8.00pm 5F & L6 Yards	11.45am Football 9.00am Bedlam Paintball
9 th /10 th	7.30pm Junior Christmas Social (3F-5F)	11.45am Football 12.45pm Retail Outing (Xmas Shopping)
		Term Ends

Details of Second and Third Form Activities

Mondays

4.00-5.00pm

Attendance is compulsory for Second & Third forms

Games

From September until half term all Second and Third form boys will have an hour long hockey activity led by Mr Dave Burton. The focus will be on enjoyment and skill development. After half term the boys will switch to cricket with Mr Dickinson and Mr Michael Powell from Warwickshire County Cricket Club. The cricket sessions will continue throughout the Autumn and Spring Terms. Again the focus is on enjoyment and skill development.

The girls will have an hour of lacrosse with the lacrosse coach, Lauren Williamson or netball with Ms Anna Peak. The focus will be on enjoyment and skill development.

Country Dancing

An external teacher (*from Morag Alexander School*) will give all pupils in Third form a firm grounding in the most popular Scottish Country dances in order that we can maintain our programme of reels parties throughout their time at Loretto. Groups of pupils will be withdrawn from the above games programme for a period of about 6 weeks to complete the dance programme.

Please note, in addition, for Second & Thirds: **5.00-6.00pm**

Study Skills/ Essay Writing Workshops

Study Skills/ Essay Writing Workshops will run during prep time as a “drop-in” session so that help is available for those who wish it.

Tuesdays

Prep Support : 4.00-5.00pm

Study Skills/ Essay Writing Workshops

Study Skills/ Essay Writing Workshops will run during prep time as a “drop-in” session so that help is available for those who wish it.

Member of staff in charge: Stuart Lucas/Nick Guise

5.00-6.00pm

Music Practice

Music Practice Facilities are available for those in Second Form who learn a musical instrument to practise.

Member of staff in charge: Edward Coleman

Fives

This is an opportunity to learn or continue with a very exciting sport. In recent years Loretto has won 8 British Championship Titles and is comfortably the most successful Scottish school on the national stage. The activity is open to both boys and girls.

Member of staff in charge: Roger Whait

Animal Club.

Members of the club help to look after the Biology animal collection, which currently includes two snakes, stick insects, frogs, newts and axolotls, with new creatures bought each year. Club members have the chance to feed, clean out and handle the animals, and, if interested, to take them home for the holidays.

Member of staff in charge: James Torrance

Dance

The Tuesday dance slot allows 2F and 3F to embark on an introduction to the Hip Hop which is popular with older pupils. The activity is led by a senior pupil.

In charge: Kirsty Hamilton

Third Form Drama activity

This is an opportunity to work on scripted and unscripted pieces, developing pleasure in drama beyond the classroom.

Members of staff in charge: Joanna Addis.

Chess

Chess for those who are quite keen players and wish to practise is available. This is an opportunity to develop chess playing skills with some tuition.

Member of staff in charge: Rosemary Newlands

Wednesdays

4.00-5.00pm

Karate

Loretto Karate Club follows the shotokan (traditional) form of karate, and is a member of the Tora Kai association. Students are taken through grading, from beginner to Dan grades, and opportunities exist to compete at national level. A charge is made for this activity.

Member of staff in charge: Michael Clifford (External coach)

Warhammer

Two options exist. Role playing fantasy wargames can be played on a termly basis within the school. There is also the possibility of participating against other schools or in formal competitions. In addition, the sessions can be used for painting of figures, either for use in games or for display.

Member of staff in charge: Michael Topping

Biology Film Club

This provides an opportunity for pupils to explore the Natural World. Presentations which combine scientific relevance and stimulating content will be used to introduce pupils to a diversity of relevant topics, such as conservation, the impact of human activities, behaviour, physiology and biodiversity. Where possible, as much 'ooh wow!' content will be included! The idea is to move beyond the boundaries of the national syllabus, with the intention of generating interest in Biology.

Member of staff in charge: Michael Topping

Music Technology

An activity which will introduce the facilities of the recording studio in the Music School.

Member of staff in charge: Simon Lowe

Golf (Beginners)

Stroke and skills development for Beginners will be the aim of this session.

Member of staff in charge: Rick Valentine

Swimming

The school pool will be used for stroke development and training, as well as free swimming.

Member of staff in charge: Karen McGregor (External coach)

Cross Country

Mr Middleton is a keen runner and aims to encourage and develop technique and stamina. All levels of ability welcome.

Member of staff in charge: Peter Middleton

School Newspaper

The newspaper activity will be a pupil-run exercise in journalism. For each issue pupils will meet and brainstorm ideas for new stories. Teams, including editors, photographers and reporters, will be formed to research and write articles on school news, sports, features, science, book reviews etc. Based in the CRC pupils will be able to access materials from both the Library and Computing areas.

Member of staff in charge: June Dunford (JD)

Squash

This session is for all levels. Coaching will be given, with time for 'free play' as well. Some racquets can be provided, but boys and girls should bring their own if they have one.

Member of staff in charge: David Levey

Thursdays

10.45am

Junior Choir

Junior choir: Anyone can join, no auditions, regular performances, variety of different music.

Member of staff in charge: Edward Coleman

4.00-5.00pm

Study Skills/ Essay Writing Workshops

Study Skills/ Essay Writing Workshops will run during prep time as a “drop-in” session so that help is available for those who wish it.

Member of staff in charge: Stuart Lucas

5.00-6.00pm

Art activity

Opportunities to explore different media and enjoy creative practical tasks will be given.

Member of staff in charge: Madeleine Bonner

Junior Young Enterprise

The pupils will establish a company that will manufacture, market and sell a product. Pupils should expect to continue this activity across the Autumn and Spring terms to complete their project.

Member of staff in charge: John Elder

Think / Write

This choice will provide an opportunity to join a group in the CRC working towards creative skills in writing and thinking.

Member of staff in charge: Hazel Scanlon

Music Practice

Facilities are available for those in Third Form who learn a musical instrument to practise.

Member of staff in charge: Edward Coleman

**Mondays, Tuesdays, Wednesdays
and Fridays**

1.00pm-1.40pm

Maths Workshops

Held in the classroom of a designated member of staff , Maths workshops give pupils an opportunity to obtain staff help with any Maths problems arising from either preps or topics not clearly understood.

For more details of the listed activities for 4th, 5th and 6th Form contact Mrs Barbour.



Loretto